

# Waverley and Ash School Sports Partnership

## Newsletter



Hub site: Ash Manor School

April 2010

### Introduction

Welcome to this edition of our newsletter. We do hope that you enjoyed a great Easter break and are recharged for a busy summer term of sports activities! One notable event is the Lloyds TSC National School Sport Week running from the 28<sup>th</sup> June to the 2<sup>nd</sup> July. Please sign your school up to receive free resources and potentially a visit from a sporting star!

This term is again time for the completion of the annual school sport survey; this is currently on route to schools and is due back completed on the 17<sup>th</sup> June. The survey will also serve as an application form for the Sportsmark Award. Following the break last year in order to update the criteria, the award will look across the other areas included in the survey and will have a rating of bronze, silver and gold. The criteria will vary for the primary, secondary and special schools.



### The Big Lottery Success

We are now coming into the final term of our three years of Big Lottery Funding. The programme has been a huge success with over 3000 children benefiting from activities including, outdoor and adventure, dance, golf, fencing, multi-skills and martial arts. It has been fantastic to see so many schools continue with the activities and many children have gone on to join local sports clubs. *Photo of children from Badshot Lea.*



### Playground to Podium

On the 24<sup>th</sup> March, the Partnership hosted a disability aquatic festival at Charterhouse School. The children attending were from the special and mainstream schools across Waverley and Ash. The children participated in a circuit of fun based skill practices, including stroke technique, diving and mini water-polo followed by some racing.

The aim of the programme is to identify talented young swimmers and athletes and fast track them into sports clubs and national talent programmes through the national governing bodies of sport. Fifty children attended the swimming day and even more are expected at the land based day on the 25<sup>th</sup> May which will include sports such as wheelchair basketball and athletics. Who knows if we have another potential Paralympics champion in the area to follow in the foot steps of Rachel Morris after her gold in Beijing! One swimmer identified last year has already competed in her first national event a few weeks ago, this time last year she was not even in a swimming club.



### KEY DIARY DATES

28 <sup>th</sup> June - 2 <sup>nd</sup> July	National School Sports Week
25 <sup>th</sup> May	P2P, multi sport, KS3 and 4
9 <sup>th</sup> June	PLT training day, Surrey Sports Park
2 <sup>nd</sup> July	Waverley and Ash School Games

## Glebelands family

The year 2 multiskills festivals took place over 2 dates in January and February. There was an excellent turnout with all 6 of the infant schools in our cluster attending. A total of 195 year 2 pupils attended the festivals, which involved a variety of activities including an obstacle course, target games and giant noughts and crosses. Year 9 Glebelands' students helped organise and run the activities.

Year 10 GCSE dance students from Glebelands were involved in a dance workshop with Godalming College. The girls then performed their dance at the Ignition Youth Dance Platform at Godalming College. Through the Big Lottery Fund Glebelands' cheerleading club began in January and has members from years 7 through to 11.

We have had lots of rugby and tag rugby happening this term; Matt Bray, the community coach has run sessions for key stage 3 students at Glebelands. He has also assisted in the running of our Year 1 festival at Glebelands in March, which saw pupils from Wonersh & Shamley Green Infants and Bramley Infants working together in a variety of different skill based activities. Students from year 9 demonstrated excellent leadership skills throughout the festival.

On Wednesday 10<sup>th</sup> March the year 5 & 6 tag rugby competition was held at Cranleigh Rugby Club. Five schools entered and from those schools 9 teams took part. South Farnham Juniors were overall winners, runners up were St James C of E Primary A team, & third placed Chandler C of E Juniors A team. Park Mead Juniors & Busbridge Juniors were the other schools to participate. Young leaders from year 10 at Glebelands helped officiate the event, along with referees from Cranleigh Rugby Club.

Students from Glebelands' year 7 athletics team competed in the sportshall athletics event held at Rodborough. They came third overall and are now looking forward to the summer term and more athletics. The year 7 girls' football team competed in the Partnership football tournament; they won their pool and then came third overall. Both our U14 boys' and U14 girls' basketball teams won the partnership competitions. The girls then went on to come 3<sup>rd</sup> in Surrey and the boys came 4<sup>th</sup>. We have had several interform competitions throughout this term for years 7-11, both within lessons and after school. On the whole participation has been high for all year groups, with awards being received for winning tutor groups in assemblies after Easter.

Claire Atkinson, SSCo

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## Rodborough family

In January a course of indoor athletics sessions took place at Broadwater School. The sessions were extremely popular with over 50 year 3 and 4 pupils attending each week from 5 of the feeder primary schools. The sessions gave the pupils the necessary athletics skills and abilities to enable them to compete with other children their age and to understand the basics of the key athletics events. Sue Goode, the Guildford and Godalming athletics coach lead the sessions with the help of some Broadwater and Rodborough young leaders from yr 9 through to Yr 10. The sessions enabled the pupils to compete at a high standard in their indoor athletics event held in March at Broadwater. The winning team was St Edmunds.

Also practicing for another sports hall athletics event were the yr 5, 6 and yr 7 students. Their event was held at Godalming College on the 24<sup>th</sup> February. Over 300 students attended throughout the day. These included all the Cranleigh schools, the Godalming schools and a few schools in the Farnham area. The JSLA helpers from both Rodborough and Broadwater were excellent on the day. They also worked well with the students from Godalming College. The winning schools on the day were Godalming Juniors and Weydon School. These schools both go through to the county finals.



Dance has also been the focus this term with a selected number of dancers from Rodborough and feeder primaries taking part in a dance workshop held at Godalming College. The aim of the sessions were to enable the AS dancers to complete their final coursework performance. The workshops were of outstanding quality and the students were able to perform their dance at the Ignition dance show.

The Rodborough Gym and Dance Extravaganza took place in March with over 15 exceptional acts performed by pupils from Rodborough, Busbridge Juniors, St Edmunds, St James and Glebelands. The show portrayed a range of gym and dance acts and some amazing choreography.

A few interform competitions have taken place this term, involving over 50 students from years 7 and 8 in Badminton, Netball and Tag Rugby. Next term we look forward to holding some summer sports competitions.

The Junior Sports Leaders in Yr 10 have been very proactive this year. Their excellent organisational skills and great rapport with the younger pupils has been evident throughout the primary Sports hall Festivals and sessions as well as the interform competitions and the after school practices. Many of the students also helped with the gym and dance show and the yr 1 multi-skills festival.

The Sports Ambassadors, Tom Simons and Frankie Davis and two Young Leaders, Annabel Ford and James Ventress were invited to a conference at Winston Churchill School. The conference focused on the impact young leaders can make on sport not just in school but in the local community and the opportunities that are available once the awards have been achieved. The students took part in a variety of team building tasks and discussions about new sporting initiatives that they could take part in and organise. The day was very beneficial and we hope to see the introduction of some new ideas that can be implemented into school sport in this area.

Finally the infant schools have not been without their festivals and activities. Whitley Infants have been waking and shaking this term and the rest turned out for the multi-skills festival in March. This was an excellent fun event that was loved by all the year 1s. The pupils all received a certificate for the attendance and hard work.

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## **Broadwater family**

The first week back this term we took 16 Year 7 pupils to Godalming College to represent the school in the Indoor Sports Hall competition. The team did exceptionally well coming second overall. This meant the team went on to represent Waverley at the County finals at Spectrum. The team worked really hard and were competing against some huge schools. We were very proud of our boys who came 4<sup>th</sup> and were only 1 point away from 3<sup>rd</sup> place and a bronze medal.

Broadwater also supported the above event by providing the organisers with young leaders to help run it. These young leaders had attended training sessions on how to lead the event and had already helped out at some practise sessions. They gave up their own time after school and were praised highly by the organisers for their excellent attitude and leadership qualities.

We took a group of students to a Dance Workshop at Godalming College. Students were taught a dance by three sixth form students during the workshop. The girls also came to Broadwater for three lunchtime sessions to continue helping our students with the dance. Following on from this, on Thursday 25<sup>th</sup> February Godalming College held its annual dance show. Broadwater pupils worked exceptionally hard on their dance piece, practising most lunch times in the weeks before. The show was a pleasure to watch and the Broadwater dance was excellent.

On Thursday 4<sup>th</sup> March Broadwater hosted the Year 2 Bisi Badminton festival. Teams from Loseley Fields, Chilworth Infants, Farncombe Infants and Moss Lane attended. Great fun was had by all and all participants received certificates and the winning team got medals. Well done to Farncombe Infants who were the overall winners.

On Tuesday 9<sup>th</sup> March Broadwater hosted our annual Dance festival. Approximately 150 pupils from Loseley Fields, Moss Lane, Godalming Junior, Gosden House, Farncombe Infants and Chilworth Infants took part. Godalming College also sent 4 sixth form pupils to help lead the event. Pupils experienced 4 different dance styles lead by specialist dance teachers in the morning including, Street, cheerleading, contemporary and Latin. In the afternoon they re visited 1 dance style and created a performance. All pupils then met in the main hall and performed their dance piece. All of the dances were excellent and the pupils really enjoyed themselves. All pupils again received certificates.

For three Wednesdays this term after school Year 3 and 4 pupils from Godalming Junior and Loseley Fields have been attending an Indoor Sports Hall Athletics training session in preparation for their competition next month. Several young leaders from Broadwater along with Sue Goode from Guildford Athletics club and Mrs Fowler have been running the sessions. On Thursday 18<sup>th</sup> March Broadwater hosted the Year 3 and 4 Indoor Sports hall Athletics competition. Yet again Broadwater's young leaders helped to run the event and Godalming College also provided approximately 15 sixth form pupils to help on the day. 5 schools entered including Godalming Junior, Loseley Fields, St James, Chandler and St Edmunds. The atmosphere was fantastic. A great deal of effort was put in by all competitors and all schools expressed a huge desire to win. Overall Godalming Junior came 2<sup>nd</sup> and St Edmunds were the winners and received medals on the day!!

Friday 19<sup>th</sup> March was a huge fundraising day for Sport Relief. Pupils paid £1.00 to wear non school uniform. In the afternoon the whole school took part in an Inter House and form Orienteering competition.

Whilst pupils were waiting to do their section of the orienteering course pupils had the opportunity to pay 20p to have a go at a sports Challenge. The winning pupils were rewarded with Guildford Heat tickets.

The Tennis coach from Godalming tennis club came and delivered a free after school coaching session. He will be doing another one on Thursday 22<sup>nd</sup> April for anyone who missed the first one.

This term has seen Inter house competitions in Dance, table tennis, Volleyball and Badminton. All were held during lunch times in all year groups. Furthermore, Year 7 and Year 9 had their inter house indoor sports hall competitions which involved the whole Year group for an entire afternoon. The biggest Inter House event we held this term was the annual Swimming Gala. It involved 70 pupils from Years 7 – 11. It was a fantastic event recognising the amazing support students at Broadwater give to one another.

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## Ash Manor family

Our JSLA groups spend four sessions in the local primary schools doing a range of activities from running the virtual fitness challenge to organising a ball skills session. We would like to thank St.Paul's, Ash Grange, Walsh Junior and Walsh Memorial for allowing the students to come in and gain this experience with the pupils.



Some of the JSLA students also spent the day at All Hallows school helping to run the Bisi Badminton tournament for the FHES and All Hallows primary schools. Many have now volunteered to help out at the various tournaments next term including the Ash Manor Bisi Badminton tournament.

On Wednesday 10<sup>th</sup> February, our newly selected Year 9 Top Link team attended the Top Link conference at Winston Churchill School. They all thoroughly enjoyed the day and came away with some good ideas. We have already had several meetings and with the year 10 top link team they have decided to try to organise a whole school 10 minute dance event on the All Weather pitch on the day of the Ash Manor sportathon, possibly with the aim to start raising money for a new minibus for the school.

Girl's indoor cricket has taken off at Ash Manor after competing in the partnership tournament in the autumn term. The team of ten or so year 7, 8 and 9 girls, who are keen to play, have enjoyed winning against Connaught school twice and suffering a close loss to Broadwater School. The girls are also looking forward to transferring their skills over to some outdoor cricket next term. Ash Manor would like to thank Malcolm Kerry for his support with the girls cricket. He also invited the girls to attend the trials for Aldershot Cricket Club girls team which some girls did indeed go to and have since gone on to attend some of their training sessions on Saturdays.

Back in January all played really well at the finals of the Surrey badminton competition held at Lightwater Leisure centre. There were some good players there and the team did really well to get to the final but were unlucky to come runners up to Howard of Effingham School in a closely fought match. Well done boys.

On March 23<sup>rd</sup> we ran the trampolining competition for yrs 7, 8 and 9. We would like to thank Broadwater, Gosden House and Farnham Heath End schools for sending along teams to this event. The number of participants was a fantastic increase from previous years. The Ash Manor Gifted & Talented group have enjoyed a couple of trips to the Spectrum this term. On Sunday 14<sup>th</sup> March nineteen students made their way to the Spectrum to see Guildford Flames play ice hockey against the Sheffield Scimitars.



The following week a smaller group met up at the spectrum to watch Surrey Storm netball team beat the Celtic Dragons in a super league match. The group were lucky enough to have their photo taken with the player who plays Goal shooter for the England team. Being tall definitely helps when you're a shooter!



Some of Ash Manor's individual successful students who should be mentioned are: Ross Tubridy (Y10) who was selected to play in the schools district football team and has now been selected to represent Surrey County. Logan Philipps (Y8) became Southern area Judo champion and came third nationally. Fox Jessop, Warren Vass and Liam Hayes (all Y8) have played for the schools district football team which came 16<sup>th</sup> in the National Cup this year. Ash Manor has had some successes with their teams too: the year 10 boys basketball team became the Division 2 champions and the year 7 boys football team were semi-finalists in the schools district cup.

Most of the primary schools have now completed their virtual fitness challenge and the results are being collated. I would like to thank Wyke, Holly Lodge and Walsh Junior for getting their schools through the challenges by themselves. It was a great help having the JSLA students to run it Ash Grange and St.Paul's school and the SSCo had an enjoyable day at Shawfield helping them to get through theirs.

On 26<sup>th</sup> February Mytchett Primary kindly gave up their hall for the day so that we could organise a training day for any NQTs who did not feel so confident about teaching PE or even just getting out the gym equipment in the hall e.g. wall bars. The day proved very useful for those in attendance.

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## Weydon family

Additional after school activities have moved on with activities that are not at present in the core Physical Education curriculum. The most popular of these being Archery which is run by the Guildford Archers club and always has very full courses of students. The golf club has also seen an increase of interest and the students were treated to a round at the Oak Park golf club for their final lesson of this term. Dance is also popular but students this term have had two types of dance to choose from, both very different and both very popular. The dance theatre group have been practicing for an up coming competition although they have been disrupted with weather problems and illness and the Street dance club is very loud, busy and energetic. The Judo group have been taking their next awards which means they are just that bit closer to the coveted black belt classification. Activities will continue during the summer term and also looking to expand for next autumn.

Years 7 to 10 have entered a variety of partnership competitions with mixed results. The year 7,s girls and boys competed in the very energetic indoor sports hall event. The girls got off to a scorching start in the track events winning nearly all events, at the same time the boys put in a credible field events score. Things were very tight as we moved into the second rotation which saw the boys now on track events and the girls in the field. When the final result was read out Weydon had won causing great excitement all-round. The students would now compete in the county final!

Other competitions that Weydon have entered are the year's 7 to 10 girl's football championships with the most successful team being the years 10 and 11 who won and reached the county final. There were also girl's indoor cricket events at which Weydon students played very competitive matches and finally the girls from years 7 to 9 who attend the after school gymnastics club went to Heath End School for the area event. The students had been practicing since September the actual sequences that they were to perform and so were well drilled under the watchful eye of their coach Hannah Fox from the Rushmoor gymnastics club. The girls managed second place in the overall competition and were also announced winners in one of the individual categories.



A slightly different event was organised for the years 10 and 11 students. Surrey football association sent two coaches to Weydon on a Saturday morning to instruct students on a match day official's course. The students were very enthusiastic and after these experiences are keen to run a variety of 5 a side inter form tournaments for junior students in the summer term.

The primary schools within this cluster of schools have also been very busy with a variety of competitions. On offer for students years 3 to 6 have been mini hockey, high 5 netball, tag rugby, key steps gymnastics and sports hall athletics.

The family have also had the enormously popular festivals for the younger pupils and all schools in our area have supported this programme. We have had a year 2 Rugby festival and a year 1 multi skills festival which has seen 180 children aged 5 and 6 in Weydon's sports hall for these events. About 35 senior students have been present at both events to lead and help the youngsters. The events were superbly run and completed with little problems and at the end some children from each school went home with medals and prizes which was a very popular way to finish the morning.

The final culmination of this term has been that all students in all the primary and infant schools have over the term been competing against the other schools in a virtual multi skills competition. Winners will be announced and prizes given out to the successful schools at our annual rounder's festival next term.

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### All Hallows family

Many students have been involved with extra curricular paid options this term with a variety of qualified instructors. All Hallows has participated in street dance, aerobics and trampolining, for the later it is the first time we've used outside coaches and it has been a great success. We took a group of gifted and talented students to watch the Surrey Storm netball team at Guildford spectrum. The basketball team went away to play against De La Salle School in Basildon. Both schools then travelled down to Southend on Sea to watch national league teams Guildford Heat versus Essex Pirates. The students had a great day out and played some outstanding basketball.

The year 10 JLSA students were brilliant helping with the playground to podium festival. They thoroughly enjoyed themselves and were proud to be a part of a successful festival. We look forward to supporting the next event in May. Pupils from a variety of ages and schools took part in an intensive swimming programme during October half term. This regular scheme has really taken off and plans have been put in place to extend this scheme.

Sixth form sports have gone from strength to strength with a variety of different competitions being on offer for the students. The boy's basketball team have participated in regular training helping them to win their last 4 games. The girl's basketball team have also played a few fixtures. We have enlisted our first football team in a few competitive fixtures and weekly training sessions.

The girls sixth from footballers also stepped out on to the pitch with an impressive win. We have also played volleyball against another sixth form.

On the 5<sup>th</sup> March All Hallows hosted a year 1 festival for the link schools. They participated in a multi skills festival and also a variety of invasion games all taught by the year 10 JSLA students. All pupils had a fantastic time. Brightwells Tennis Club came to All Hallows to develop club links on the 30<sup>th</sup> March. A variety of students all received tennis coaching to develop their confidence and to encourage students to join outside clubs.



Students aged between 8-15 years took part in the Sports relief mile at All Hallows on the 19<sup>th</sup> March. Many students whilst wearing their sports relief socks ran the mile in the rain. James Mather was the overall winner with two year 6 students closely battling it out for fighting for 2<sup>nd</sup> place. William Toal from St Polycarps was 2<sup>nd</sup> and Paul Foulkes from William Cobbett was 3<sup>rd</sup>.



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### Farnham Heath End family

Farnham Heath End has been host to several competitions this term to help link the primary and secondary schools in running competitions. Several of the girls from Ash Manor and FHES umpired a Year 5/6 and a Year 4 netball tournament which has helped develop their umpiring skills further.

Lynn Potter from British Gymnastics held two twilight sessions for the 'British Gymnastics

Leaders Judging Award' at the school and several pupils used this award to then judge two wonderful gymnastics competitions for local schools. Several Year 7, 8 and Year 10 pupils also helped coach the pupils and lead the warm up activities. The head coach from 'Rushmoor Gymnastics Club' was also able to come and watch the event to help promote the club links available, as well as to congratulate the pupils on their performances by handing out certificates.

FHES has also helped to provide venues for delivering clubs, not only for their school pupils, but for primary school pupils in the Heath End and All Hallows clusters. These opportunities are undoubtedly a great model to help sport progress and also for the schools to establish firm links. Both Angie Cottee (hockey) and Nigel Rooney (trampoline) have had some brilliant feedback from the pupils, some of which say 'it is the best club I have ever been to!' With the two trampolining clubs set up, it was also great to have so many of the secondary pupils take advantage of the trampolining competition held at Ash Manor School.

Both Angie and Dawn Niblett (from Aldershot and Farnham Hockey Club) also helped develop goalkeeping skills at a special workshop for the primary school children. This enabled the school to run a Mini Hockey Tournament which included goal keepers in the team. Hale were also pleased to have won the Indoor Athletics Competition last term, and they went through to the next round where they came 8<sup>th</sup> overall. All of the pupils thought it was a wonderful experience and are keen to put in more training in the summer term.

The Infant OAA workshop proved to be a great success with many of the staff buzzing with ideas to use in their schools. On the back of this, the FHES cluster will be holding some OAA activities in curriculum time led by sports leaders as well as some multi skills festivals.

Dance is always a major success at FHES with several productions and competitions being entered. However, this year Alison Rudd also completed the Dance Leadership Course and has delivered the programme to 29 pupils. Weybourne and Folly Hill have taken advantage of this and invited the girls in to lead some excellent workshops, some of which were called 'Under the Sea,' 'Circus Time' and 'Pirates.' The girls demonstrated great presence and taught the dance ideas in a fun and progressive way which led to excellent pieces of work.

At the tale end of this term, Folly Hill held 'Strictly Come Folly' which was a lovely afternoon of dance performances, with my favourite being the Year 2 class Tango. Some of the Dance Captains were invited to judge and have said how lovely the recent experiences have been in working with the younger pupils.

Potters Gate also ran their annual Dance Festival for six visiting schools in the Farnham and Ash area. Dance instructors led some hip hop dance to the pupils, who thoroughly enjoyed the event.

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### **Woolmer Hill family**

Dance at Woolmer Hill is always popular but a local dance group STREETNATION has been taking a boys group for some street dancing. The dance teachers have had a special reason for enjoying these sessions as they are former students of Woolmer Hill now working in the community. The group seems to be getting bigger each week and the enthusiasm from the boys is great to see. They have also been very successful and have entered two competitions winning the last one which was very exciting.

Haslemere Hockey club have continued to hold free of charge sessions after school for two hours to all schools in the area. The standard of the hockey has really improved and the plus for the club is getting a lot of new young members for their club.

Woolmer Hill's students have been entering a variety of activities with mixed results. The highlight of these events was definitely the Partnership year 7 girls football competition. The preliminary rounds of this tournament were quite tight with all teams losing a match. However the girls did manage to get through to the semi finals which after a close game they were triumphant. The final was very nerve wracking but with great excitement the girls went on to win! Other events the students have entered have been Basketball and indoor cricket for girls and boys.

Woolmer Hill has again hosted some frenetic festivals for the Infant and Primary schools in the surrounding area. The first of these events was the Year 1 multi skills festival. The Edge sports hall played host to 180 5 year old children who were sorted into teams and enjoyed some very exciting multi skills relays and games. Sixty students from years 10 and 11 led the event and helped the Infant children by showing them and encouraging them with every task. Every one of the family of schools was present and at the end all schools had some students leaving with medals. Very exciting and very NOISY!

The Year 2s were not to be forgotten, Haslemere rugby club helped to organise a rugby festival and once again about 150 children attended this event where the skills of movement, running, dodging, passing and tackling were in evidence. This event was held on an inset day for the senior school but that did not deter the volunteers from Year 10 who turned up to assist the rugby club to make this a very successful event.

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### **Godalming College**

Ten Students will be attending the British College Sport (BCS) National Championships at Loughborough in April. One student has also been selected to represent the South-East region as an ambassador and will be volunteering across the three days.

Weekly fixtures are coming to an end for Basketball, Rugby, Football, Netball and Hockey and we look to finish the season with a tournament hosted by Strodes College. The Rugby team have been particularly successful this year winning both the Surrey Sixth Forms League (SSFL) and the BCS League. Netball 1<sup>st</sup> team have come a close second and look to finish second in the SSFL, 2<sup>nds</sup> team Netball are undefeated in their league matches and will walk away with the SSLF trophy.

BTEC first and BTEC national students have been visiting local junior schools to deliver sports sessions and coaching. Students and Staff raised nearly £600 for Sport Relief and over 60 students and staff took part in the mile. Popular as ever, the Dodgeball tournament run on the last day of term saw 75 competitors and raised over £50 for the British Heart Foundation. The FA Cup competition is now in its final rounds and has seen over 60 students (and a few staff!) participating. The new fitness timetable is working well with Legs, Bums and Tums seeing the highest numbers. Bench Press Challenges are now a regular event in the calendar and the last contest saw 14 participants.

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### **Your Journey, Your Impact'**

Sam and I attended Step into Sport Leadership camp 2010 from the 29<sup>th</sup> -1<sup>st</sup> April held at Loughborough University through the Youth Sport Trust. The main reason for attending the camp was to meet other young leaders like ourselves who carry out voluntary sports coaching in the community, gain in confidence and achieve new qualifications.

Once we arrived we were split into different groups and during the opening ceremony Sue Campbell, Chairman of the Youth Sport Trust, and Olympian Darren Campbell gave speeches which motivated us all for the week. Throughout the week we attended different sessions ranging from team building with PGL, to Sports Leaders UK learning how to train younger children to become the leaders of the future. The whole week was an incredible experience with the chance to meet Olympic athletes and make new friends for life!

The whole week was topped off when during the closing ceremony Sam was selected to go and referee at a football championship, and I was chosen as one of seven out of three hundred leaders to attend next year's camp as a 'Young Mentor'. My role will be helping a new group of young leader's experience the week we both had. Sam and I both feel that we have grown in confidence and now back at college we will put what we have learnt into practice. We both agree this was an inspirational journey and feel extremely lucky to have been given the opportunity to take part.

By Megan Munro and Sam Exworth  
**Godalming College**

**Kristie Garrett, PDM**

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