

# Waverley and Ash School Sports Partnership

## Newsletter



Hub site: Ash Manor School

September 2010

### Introduction

Welcome back to a new academic year. Last year in the partnership there were again a number of new and exciting programmes. However, more importantly several of the events and schemes that were set up when the partnership was introduced four years ago are now firmly embedded into the school calendar. We are very grateful to the many PLTs and School Sports Associations that have really supported the developments by running lots of additional competitive opportunities.

These developments are clear to see in the 2010 National PE and School Sport Survey. Last year 71% of the young people across the partnership took part in an inter-school competitive event which is fantastic! Another big increase was in leadership with an additional 8% participating in a leadership opportunity.

Unfortunately with all of the good work taking place in other areas the number of children participating in their 3 hours of PE and School Sport stagnated at 57%. This area of work will be a focus this year. The majority of schools now provide the recommended 2 hours of curriculum PE; the 3<sup>rd</sup> hour can be made up of additional physical activity beyond the school day. If you have any ideas of how you can reach the non-participants in your school and would like support from the partnership team, please do not hesitate to contact either your School Sports Co-ordinator or Kristie.

We hope that you enjoy reading the rest of the newsletter and wish you a successful and sporting new academic year!

### KEY DIARY DATES

|                          |  |
|--------------------------|--|
| 21 <sup>st</sup> Sept    | Surrey PLT Conference                    |
| 19 <sup>th</sup> January | P2P KS2 and 3 disability swimming ID Day |
| 30 <sup>th</sup> March   | P2P KS3 and 4 Multi-sport ID Day         |
| 1 <sup>st</sup> July     | Waverley and Ash School Games            |

### School Swimming Improvement Programme

This programme formally known as Top Up Swimming is always a huge success. We have experienced several challenges this year including the over running of the Farnham Leisure Centre refurbishment. This unfortunately meant that many of the regular Farnham schools missed out this time.

However, for the first time all four Waverley towns and Ash have taken part. Haslemere involved for the first time at the Herons Leisure Centre with Beacon Hill and Shottermill Junior Schools participating. The programme involves two weeks of daily swimming lessons for each child that has not achieved their national curriculum target of 25 metres. The majority of children then achieve this target distance on the course and more importantly enjoy learning with children of the same age and gaining water confidence.

The Ridgeway and All Hallows Schools have been successful in gaining money last term to finance a swimming lesson programme from the Amateur Swimming Association. We look forward to seeing the results of the investment.

### Waverley and Ash School Games

On Friday 5<sup>th</sup> July the Edge and Herons Leisure Centres hosted the annual Waverley and Ash School Games. Over 350 young people from across the secondary schools within the Waverley and Ash School Sports Partnership travelled to Haslemere to participate in a multi-sport competition with an Olympic theme part of the Lloyds TSB National School Sports Week. This is a joint initiative through the Active Waverley forum led by the Waverley and Ash School Sports Partnership and Waverley Borough Council.

The day kicked off with an opening ceremony with gym and dance displays from Rodborough pupils and an introduction from the Mayor of Waverley, Councillor Carole Cockburn. The children then competed in basketball, hockey, water polo, volleyball and a pentathlon event for the special schools finishing off with relays on the track.

Competing schools included, Weydon, Farnham Heath End, Ash Manor, Rodborough, Glebelands, Broadwater, Gosden House and The Ridgeway. Weydon were again a strong opposition winning the girl's volleyball and boy's basketball. Rodborough took the gold in the hockey and water polo, Glebelands finished top school taking first place in the boy's volleyball, girl's basketball and several other top three finishes.



*Team Captains from Glebelands School*

### **Glebelands family**

The Glebelands cluster year 3 & 4 rounders took place in June with teams from Tillingbourne, Park Mead and Cranleigh C of E Primary. Students from year 9 at Glebelands umpired the tournament and after a hot afternoon of matches, Tillingbourne were the overall winners.

Pupils from the reception classes at Cranleigh C of E, Bramley Infants, Park Mead and Womersley & Shamley Green Infants took part in a tag rugby festival at Glebelands School in July. Students in year 8 helped run the activities along with myself and Toby and Rory Eves from Cranleigh Rugby Club.

The partnership year 7 and 8 tennis tournaments took place this term. We were fortunate to use the excellent facilities at Weydon School and there was a good turn out for both tournaments. The Year 8 tournament was won overall by Weydon. The Year 7 boys won from Glebelands and the Year 7 girls from Weydon and Rodborough were joint winners.

Glebelands cheerleading squad worked towards a performance at this year's Summer Showcase. 'The Cheerios' produced an excellent routine and performed well in the Showcase.

The Year 10 GCSE Dance class also performed in the showcase, along with a group of dancers from Cranleigh C of E primary. The Showcase was performed to students, parents and teachers in an evening performance and again in a matinee to all the students and teachers from Cranleigh C of E School.

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### **Rodborough family**

Last term at Rodborough the focus was the development of their intra-school competition programme. This involved the introduction of several new sports which increased the number of children taking part.

Year 7 had a new opportunity to take part in the level 3 bikeability programme. This was fully funded via the School Sports Partnership. Thirty seven children took part in the programme designed to push the children on from the level 2 award delivered in the primary schools.

Rodborough also entered a number of teams into the Mayors Challenge this year and the 90 children involved really enjoyed the experience.

Sadly Jo Beale has now left the partnership due to a family relocation; however, we are pleased to welcome Caroline Mackay.

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*Rodborough year 8 mixed hockey team. Winners at the Waverley and Ash School Games 2010*

## Broadwater family

Broadwater organised and hosted the Year 11 rounders tournament and Year 10 Benchball tournaments at the start of this term. We managed to win both events and it was great to have some Home wins. Well done to Jordan Hardy who came first at the Waverley and Ash Trampolining competition and Jake Bartlett Peters who came second. Both boys are at an outstanding level and beat off some stiff competition.

This year Broadwater had 3 teams representing the school at the Mayors challenge at the Aldershot Army Barracks. The pupils who took part had a great day taking part in assault courses, potted games and fitness work. Furthermore, one of our teams came second overall. The winning team received a trophy for their hard work.

Broadwater young leaders have again been very busy. They have accompanied myself into Godalming Junior School on two occasions and delivered multi skills games to Year 3 and Year 5 which the pupils really enjoyed. This term 12 Broadwater pupils are attending free golf lessons at Broadwater Golf Club with a professional golf coach, funded by the Big Lottery. It is great to have a link with a local club and the sessions are running for 10 weeks.

Four of our local primary schools, Loseley Fields, Moss lane, Godalming Junior and Chilworth Infants are all benefiting from free tennis coaching sessions this term from a professional tennis coach. The sessions have been funded by Sport Unlimited. The money we received has also paid for pop up nets, new rackets and balls for the schools. 18 pupils per school will be receiving the 10 coaching sessions.

This half term also saw the start of a new initiative called bikeability. All Year 7 pupils were offered the opportunity to take their bikeability (cycling proficiency) level 3 test. So far 13 pupils have taken the 3 hour course and passed.

Thursday 20<sup>th</sup> May saw the Annual Year 1 multi skills festival take place at Broadwater. Approximately 150 Year 1 pupils from Farncombe Infants, Loseley Fields, Moss lane and Chilworth Infant schools took part in the festival. Furthermore, on Thursday 10<sup>th</sup> June the Annual Year 4 multi skills festival took place at Broadwater. Approximately 110 Year 4 pupils from Godalming Junior and Loseley Fields Junior schools took part in the festival. Pupils took part in multi skills based activities which were run on a circuit basis ensuring all pupils had a go at lots of different sports stations. Around 30 Year 10 pupils from Broadwater were leaders on each of the stations. The pupils did a fantastic job and were great ambassadors for the school. The year 1 and Year 4 pupils thoroughly enjoyed the afternoon.

On Thursday 24<sup>th</sup> June Broadwater organised an Athletics festival for pupils in Year 3 from Godalming Junior and Loseley Fields primary schools. 25 Young Leaders from Year 10 ran several Athletics events. The competition was run in an Inter – House and Inter school format. The winning team was Nelson from Godalming Junior School. We also ran a competition to see who could design the best flag for their house and Scott from Godalming Junior was the winner. The event went very well and Broadwater young leaders were fantastic ambassadors for the school.

During National School Sport week we had several sporting activities take place including Inter – House cricket for Year 7 and the Hurdles and 800m races for sports day. We also took part in The Waverley and Ash games which took place over a whole day and involved a small number of pupils from each Year group.

Also during this week we ran a Year 1 Aqua swim festival using Chilworth Infant Schools outdoor pool. I took 6 young leaders from Years 9 and 10 to help run the event. These pupils were outstanding in the way they conducted themselves and their helpfulness towards the year 1 pupils. The Aqua swim went very well with pupils from Farncombe Infants, Chilworth Infants and Loseley Fields competing in fun swimming races. The winners overall were Chilworth Infants. Well Done!

During Enrichment week Year 8 pupils will be planning and delivering fun games and activities to the whole school of Farncombe Infants. This is in conjunction with Leadership work they have been doing in Citizenship lessons. Pupils will receive certificates for their leadership work.

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*One student from Ash Manor School enjoying the Mayors Youth Challenge.*

## Ash Manor family

Ash Manor had two INSET days this term in which we were able to utilise the fabulous facilities. The first day was on the 28th April and the primary schools were invited to take part in a Bisi Badminton tournament. What a fabulous day the children, who were lucky enough to come, had. For the first half of the morning the boys competed in the bisi badminton tournament whilst the girls had a go at two different activities. One of these was street dance with an excellent teacher called Kim Vowles and the other was basketball with Lefkan, one of the Guildford Heat players. For the second half of the morning the boys and girls switched and despite being some what reticent at first most of the boys enjoyed the street dance as much as they did the basketball.

The second INSET day was the 28th June and the Gifted & Talented children from Ash Manor as well as the primary schools Gifted & Talented were invited to take part in this day. The primary schools brought their gifted & talented children along in the morning and they were given a choice of sports to choose from to receive some expert coaching in throughout the morning. Some of these sessions were run by the Ash Manor gifted & talented students and some by outside coaches (with the Ash Manor students assisting). They had a choice of cricket, athletics, basketball, judo, volleyball, hockey, trampolining, badminton and table tennis. In the afternoon the Ash Manor students had a choice of sports to receive some expert coaching in. Those sports were badminton, volleyball, cricket, squash and basketball. It was a very hot day but all the students seemed to enjoy trying out a new sport or getting some expert instruction in a sport they already played.

Tournament wise it was a busy term for the primary schools as we like to make use of the Ash Manor facilities when the year 11's have finished using them for PE. All the schools were invited to take part in multi-skills, kwick cricket and aqua for year groups 1 to 4. Also Mr. Brown ran the annual rounders and cricket tournament for years 5 & 6 after school. It was lovely to see nearly all primary schools managing to send at least one team to most of these events with a mixture of success and disappointment. Most schools took medals home from at least one of the events.

One event which seven of the primary schools took part in throughout the whole year was the virtual fitness challenge. The winners of Keys Stage 1 were Walsh Memorial School and Key Stage 2 joint winners were Shawfield and Ash Grange so well done to those schools and better luck next year to the others.

At this point a big thank you needs to be said to the year 10 Junior Sports Leaders from Ash Manor as without their help we could not have run any of the events for the primary schools.

They were a great team this year showing the ability to use initiative as well as enthusiasm with the younger children. On a couple of occasions the year 10s were unavailable and some year 8s and 9s were able to stand in. These students proved to be more than capable and we look forward to them being leaders of the future.



Well done also to the sixteen year 6 pupils at Wyke Primary school for completing the Young Sports Leaders Award this year. A special mention to Mell Derby for helping them to complete all the modules that was required. They were pleased to receive their certificates at the end of the term. Several other schools started the course but were unable to finish it before the end of the year hopefully they will early next term. It was generally agreed that next year the year 5s would be trained as Young Sports Leaders so that they could put into practise what they had learnt when they were in year 6.

Besides all the tournaments this term we were able to get our Young Ambassadors, Beth Thomas and Ross Tubridy, into several schools to take assemblies on healthy eating and active life styles and the Olympics. Beth and Ross have been great ambassadors this year and we hope that they will continue in that role. However we would like to congratulate, Mel Rogers and Kevin Hungh, who have been selected to be this year's Young Ambassadors. We look forward to them continuing the good work started by Beth and Ross.

For the first time this year Ash Manor entered some into the Mayor's Challenge. This took place on a Saturday and involved teams of 4. Ash Manor had two teams from year 10 and three teams from year 8 enter. It was good to see so many students giving up their time on a weekend to take part. Despite the rain I think they all had a good time and participated fully. Many thanks to the army's physical education department, who ran the whole event and made it so much fun, especially by dressing up in the super hero outfits.

One of the year 8 teams did manage second place in their age group. One highlight of this event was to see a team of year 8 girls who do not normally take part in any extracurricular sport really enjoying themselves.



The Waverley & Ash School Games has become a highlight of Ash Manor's sporting calendar. This year our teams were a little more prepared for the events, especially the volleyball, thanks to a couple of sessions run by a coach from the Guildford Volleyball club. The water polo team also managed to fit in a practise session at All Hallows pool. The benefit of this showed when it came to the first game which they won 3 – 0. The final results came down to goal difference and Ash Manor was unlucky to miss out on winning by one goal.

After a relatively quiet year we were pleased to be able to offer the gifted and talented students two exciting opportunities this last term. The first was a trip to Brunel University where they took part in a seminar on physiology or biomechanics followed by a tour of the university. The second opportunity came in the form of two sessions at Aldershot Lido to do some canoeing with the Blackwater Valley Canoe club. This is the second year that the club have kindly given our students some instruction in canoeing. They tried kayaks and Canadian canoes, they played canoe polo, canoe tag and some had a go at rolling the canoes whilst others just spent all their time emptying the canoes out after they had capsized them but a good time was had by all.

Another water sport that was enjoyed by some Ash Manor students this term was a wakeboarding which was funded through the sport unlimited programme, the course of coaching was followed by a competition. Now we look forward to the challenges of another academic year.



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## Weydon family

Close to the start of the term we had the eagerly awaited gymnastics festival. This event is run by the Rushmoor gymnastics club based in the area. There were this year 6 schools who attended with all students participating in a big, whole warm up followed by 5 different apparatus groups which the students rotated around. The exciting finale was a demonstration of apparatus and floor work from Weydon students who attend the school gymnastics club ably coached by a former student who now coaches at Rushmoor gymnastics club. The display was breathtaking for the primary students to see and showed what can be achieved at school level. At the end of the event information was given out on how to join the local club and the hope is that a number of students were inspired enough to attend this club.

At the other end of the term we had the usual fun rounders festival which is very popular with all the local schools and a happy event to finish the term. This year 7 schools brought to Weydon approximately 30 students each making a total of 180 youngsters from the age of 5 to 11 years of age. A whole class of 30 students from year 9 at Weydon helped run the event and organise all the primary pupils with every team finally winning a game at some point. As all schools in the family were present on the day, at the completion of the tournament trophies and medals were given out to the schools that had been competing in a virtual multi skills event throughout the year. All students from every school in the family had completed for their school a number of exercises and results from each school were collated with the final results being that all schools came out with some kind of prize for their efforts.

The main winners were St Peters, All Saints, South Farnham and Waverley Abbey although all other schools took minor trophies.

Tennis is very strong in the Farnham area as we have the Bourne tennis club, Wrecclesham tennis club and the JAM tennis organisation close to the school. This term saw the first year 3 and 4 School Sports Partnership tournament hosted at Weydon School. Five schools sent competitors to the event which was run very successfully by all the local clubs and some GCSE students from Weydon. Both the girls and boys championships were keenly contested with a display of very good skills. South Farnham was successful in both categories but in the boys event had both the finalists. South Farnham and Shotermill Juniors from Haslemere will now go forward to represent Waverley and Ash in the county finals. Weydon have also had tennis successes throughout this term as they became the winners in the year 7 and 8 School Sport Partnership events.

Students of all years at Weydon have had plenty of opportunities to run and organise a variety of events throughout the term with year 1, 3 and 4 rugby festivals and reception and year 1 and 2 multi skills festivals where schools bring all students from that year to Weydon for the pupils to assist with their skills. However the most exciting event for the volunteers and leaders from Weydon was the year 5 and 6 Basketball skills event. The school knew there were some professional basketball coaches coming to lead the event but did not realise that it would be the current English senior men's team coach. This was very exciting and needless to say the students learned a lot from the expertise of this coach. Contact has been made with the new Surrey Sports Park which is situated between Farnham and Guildford and plans are now well under way to put in place many popular sports courses for next term on site and possibly at different venues to ensuring that students at Weydon continue to have a wide choice of activities to participate in next academic year.



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## All Hallows family

Many students have been involved with extra curricular paid options this term with a variety of qualified instructors. All Hallows has participated in orienteering, trampolining, martial arts, golf and kayaking. Some year 10 students were also very lucky and experienced the outdoor activities at Barfields which were funded through the Big Lottery. They thoroughly enjoyed themselves and for many was a real confidence boost.



The sixth form basketball team went away to Devon. We spent three days in North East Devon touring and playing against other sixth form colleges. The students really enjoyed the experience and played some outstanding basketball.

Students from four different schools took part in the All Hallows Dance Festival. Instructors came into All Hallows to teach students in a variety of styles of dance including rock and roll, street and modern. All students performed their skills to an audience, furthering the confidence and pleasure.

In April All Hallows hosted a reception Festival, Badshot Lea Infant School really enjoyed their morning of multi skills and really helped to make this a special event. The year 9 all hallows students were fantastic in helping to give the students some sporting challenges. The whole of all year 5 took part in an Ultimate combat festival in June. 16 year 9's helped to run the tournament and officiate and keep the festival running smoothly. A rounder festival in July was run for year 6 pupils in whom they spent the day challenging other teams with their rounder skills. A mixture of sixth formers, friends and year 8s helped to run this tournament. The Aqua festival where 150 students took part in a variety of swimming and sporting activities. A mixture of year 7's and 8's took part in cycling proficiency level 3. They spent the morning learning how to ride on busy roads and how to use roundabouts safely. The students found this very challenging.

This year in the Mayor's Challenge we were very successful receiving first place in two age groups. The students had a fantastic day experiencing assault courses, fitness tests and potted sports. We hope to enter more teams next year due to its growing popularity amongst the students.

The annual Mini Olympics allowed many students to compete in the favourite winter, summer and athletic event. All students took part within their house groups the eventual winners were

Pupils from a variety of ages and school took part in an intensive swimming programme during May half term. This regular scheme has really taken off and plans have been put in place to extend this scheme. Plans have also been put into place for next half term for intense swimming courses for all aged pupils



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### **Farnham Heath End family**

In the summer term children from year 1 took part in a Multi Skills Festival at Hale School. Young sports leaders in Hale school led the different activities and made the event a great success. Also hosted by Hale was the annual aqua splash festival which involved Hale, Folly Hill and Potters Gate. This is always a fun event and was won this year by Folly Hill

At Farnham Heath End 16 lucky pupils were given the opportunity to go to Mytchett Quayside to go Wakeboarding. Caitlin, Mollie, Tim and Emily have all said 'it was a phenomenal experience that they would all like to do again.' Parents were also very supportive of the venture and recognised it as a fantastic opportunity.

Weybourne also completed their fitness challenges for Year 1 and 2 and young sports leaders from Farnham Heath End School enjoyed their first experience of leading and officiating activities. Weybourne School also took advantage of the fantastic dance leadership work from FHES pupils;

Visiting them at FHES again for further dance workshops and then inviting them to Weybourne to be part of a pirate day.

An OAA twilight INSET was run for infant teachers in the FHES cluster at Weybourne. The teachers were asked to get hands on with the different team building activities and complete orienteering tasks that could be used in their schools. Each school were then given a pack of resources.

In the winter term Weybourne will be hosting an OAA event following the success and interest shown to develop this activity area. Potters Gate will be having another whole school gymnastics INSET and Folly Hill will be hosting a gymnastics Infant Twilight INSET. There will be lots of events and activities going on to build on the success this year. Well done to everyone involved in making this a successful year!

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### **Woolmer Hill family**

As usual Haslemere Rugby Club have been very pro active in promoting rugby in the Woolmer Hill area and despite the change over of the Rugby community coach there have been many events that primary school pupils have been able to attend this term. At these events pupils from key stage 3 at Woolmer Hill have been fantastic and very efficient in volunteering and helping to lead all the skills practices. We have had a very well supported year 1 rugby festival with approximately 120 children attending and 20 students assisting with the coaching. Also there was a year 3 and 4 rugby festival and tournament which was keenly contested throughout; the students who attended had the excitement of using the rugby clubs pitches and club house.

The coveted double sports hall was the venue for the Basketball skills event for years 5 and 6. Four basketball coaches from the national club league team of Guildford Heat were there to run events ably supported by GCSE students from Woolmer Hill. Much excitement was generated when it was realised that the senior men's England basketball coach was in the sports hall. The skills practices and small games definitely improved as the event progressed.

Athletics has been at the forefront of activities that students in this area can participate in. The confederations of schools have championship events in all key stages. Key stage 1 was this year a combination of selected field events, running races and obstacle skill races hosted at St Bartholomew's Primary.

Year 6 students from St Bartholomew's helped to run the event and all competing schools had year 6 students assigned to their team. All events were loudly supported by the remaining members of their team. Although the point's position was close Beacon Hill Primary school came out on top in all the categories.

The key stage 2 event which was held at Woolmer Hill school was almost completely run by a large group of key stage 3 students who did the organising of the track events, measured and marshalled the field events and even did the announcing! A great team event to organise but at the end Shottermill Junior school took the honours.

As usual the culmination of the term and of course the year was the hugely enjoyable rounders festival where about 150 students of varying ages had a fun tournament. Senior students from Woolmer hill were team captains and had the tasks of running the matches and encouraging all the students participating. The skills of all students visibly improved as the event progressed. After the rounders all the prizes were given out to students and all schools for the ongoing virtual multi skills inter school event. All students in every school performed representing their schools and there was much interest to see who had won trophies and which schools had come out on top

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## Godalming College

10 Students attended the British College Sport (BCS) National Championships at Loughborough University in April. Their superb efforts contributed to the third consecutive South-East region victory! Godalming College came a very close second in the overall shield for the Surrey Sixth forms league and also came second in the Cricket and Rounders competitions hosted by Woking and Farnham College.

Many students, particularly the BTEC nationals, have been volunteering their time at local sporting events to gain more experience in leadership and delivery. 16 students also completed the England Netball Youth Official Award and the Junior Football Organisers award and ran competitions in a local school to put into practice the skills they learnt.

Students and Staff raised nearly £1000 for Clic Sargent and the Royal Marsden Hospital to support one of the L6 students diagnosed with cancer. The gym was bustling from 10am – 8.30pm as students and staff completed the 874 miles from Lands End to John o'Groats on the cardio machines – thanks and congratulations to all those that helped us reach the target and raise so much money for the chosen charities.



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